BELARUSIAN STATE UNIVERSITY OF PHYSICAL CULTURE

LINGNAN NORMAL UNIVERSITY

The Second

INTERNATIONAL CHINA-BELARUS FORUM ON THE DEVELOPMENT OF PHYSICAL CULTURE AND SPORTS

October 13-16, 2026 | Minsk, Belarus

PROGRAMME

October 12 / Monday

Arrival of Delegations

VENUE

Belarusian State University of Physical Culture (BSUPC)

Pobediteley Avenue, 105
Minsk, Republic of Belarus

October 13 / Tuesday

Day 1 "Scientific and Educational Potential of Belarusian-Chinese Inter-University Cooperation"

10:00
Registration Desk, Hall of the Main Building, 1st Floor, BSUPC

Campus Tour for Official Delegations

Roundtable Discussion "The School of Young Researchers"

10:00
Room 222, Main Building, 2nd floor, BSUPC

Platform 1
Online connection
https://telemost.yandex.ru/j/9829105804

11:00
Council Hall, Main Building, 1st Floor, BSUPC

Platform 2 /in English and Russian/
Online connection
https://telemost.yandex.ru/j/7538851810

15:30
Concert Hall, Main Building, 1st Floor, BSUPC

Gala Concert Celebrating the 10th Anniversary of the Confucius Institute of the BSUPC

October 14 / Wednesday

Day 2 "International Dialogue: Strategy for the Development of Physical Culture and Sports"

10:00 Registration Desk, Hall of the Main Building, 1st Floor, BSUPC	Registration of Participants
10:00 Hall of the Main Building, 1st Floor, BSUPC	Interactive Zone **"Belarus – China: Moving Together"**
11:00 Council Hall, Main Building, 1st Floor, BSUPC	**Official Opening Ceremony** **Welcoming Address by Distinguished Guests** **Online connection** https://telemost.yandex.ru/j/7538851810
11:20	Plenary Session **"Priorities of Physical Culture and Sports in the Era of Global Transformations"**
13:00 Hall of the Main Building, 1st Floor, BSUPC	Coffee Break
15:00 Registration Desk, Hall of the Main Building, 1st Floor, BSUPC	**Excursion to the Olympic Museum of the National Olympic Committee of the Republic of Belarus**

October 15 / Thursday

Day 3 "Scientific Dialogue: Interdisciplinary Research in Physical Culture and Sports"

9:00	**Interdisciplinary Session**	
Council Hall, Main Building, 1st Floor, BSUPC	**Platform 1**	**Online connection** https://telemost.yandex.ru/j/7538851810
Room 222, Main Building, 2nd Floor, BSUPC	**Platform 2**	**Online connection** https://telemost.yandex.ru/j/9829105804
Reading room of the Scientific Library, Main Building, 1st Floor, BSUPC	**Platform 3**	**Online connection** https://telemost.yandex.ru/j/3047286197
13:00 Hall of the Main Building, 1st Floor, BSUPC	Coffee Break	
14:00	**Excursion to the BELGEE Automobile Plant** /sign-up during participant registration; limited places/	



October 16 / Friday

Day 4 "Philosophy of the Body and Wellness"

Sports Complex, Building "Athletics Arena", 1st Floor, BSUPC Pobediteley Avenue, 109B	**Practical Intensive Course** /in Russian/
09:15	Master Class **"Traditional Dragon Dance: The Art of Motion"** Мастер-класс **«Традиционный танец дракона: искусство движения»**
10:10	Training Session **"Biomechanics of Confidence: An Innovative Approach to Developing Arm Strength"** Тренировочная сессия **«Биомеханика уверенности: инновационный подход к развитию силы рук»**
10:55	Master Class **"Cognitive Training"** Мастер-класс **«Когнитивная тренировка»**
11:35	Performance **"Beauty of Wushu: Harmony of Spirit and Body"** Перформанс «Красота ушу: гармония духа и тела» **Summing Up the Results**



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Международный китайско-белорусский форум по развитию физической культуры и спорта
国际中白发展体育文化及体育论坛

2026 年10 月13 日至16 日 | 白俄罗斯明斯克
13-16 октября 2026 | Минск, Беларусь

